

I AM ENOUGH

by
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I am enough
because I am what I want to be
not more, not beyond, not fast,
less
is enough
slow, here and now, is enough
not desiring to own
a house, a car, a person
without marriage, children, security
being stably unstable
is enough
a small room, cozy bed, a cupboard and a stove,
small dreams, small circle of friends,
a little garden with occasional blooms to take care of,
should be enough.

a warm coffee, a cuddle and a walk on a winter evening
sleeping for long hours
without the guilt to engage/ perform,
enjoying few silent moments of happiness
to lead a simple slow life,

just surviving, one day at a time,
perhaps that is enough,
and all I ever want to be.

